



EVESHAM AUTUMN HEAD:

IMPORTANT NOTICE TO ALL COMPETITORS

- Evesham RC hope all involved will do their best to ensure the safety of everyone involved.
- Dress for the weather which may be cold and wet at this time of year.
- Crews must report to REGISTRATION at least 1 hour before racing to collect their number which must be worn by BOW & COX during racing.
- **Remember** all boats must have a CLEARLY VISIBLE BOAT ID NUMBER. **ERC will be issuing Empacher style numbers at this year's event for use by competing crews. The Empacher boat numbers will be collected by someone from ERC from each crew as you leave the landing stage after each race. If the number fails to be collected, can you please ensure the number is returned to registration**
- Prizes will be withheld or withdrawn from any competitors if errors of status are found or if misrepresentation has taken place.
- **Crews must report to the BOAT MARSHALLING AREA, for safety checks, IN GOOD TIME. Time Penalties will be given to crews who are late to boat marshalling. The Crew must ensure that their boat and life jackets comply with the Rules of Racing and Row Safe Guide.**
- All coxes must be weighed before racing and given a weight certificate that must be carried at all times. They are requested to bring their own dead weights, if required, which must comply with Rules of British Rowing and the Rules of Racing. Checks may be made.
- Crews shall leave the Landing stage ONLY when AUTHORISED to do so by the landing stage marshals.
- Please ensure you are familiar with the map of the course and the circulation pattern on the river.
- **The 4km course has a no overtaking zone which is marked by signs on the riverbank. No overtaking will be strictly monitored and may lead to disqualification.**
- **There are several locations where trees are encroaching into the river care must be taken along the full 2km and 4km courses. Particular care must be taken through the bends and at the exit of the bends near the 2km start.**
- Competitors must comply with all instructions issued by umpires, marshals or safety officials positioned along the course.
- At the finish of each race, a bell will be rung from the Finish Umpire's tent
- Every competitor will wear the colours of the club he/she is representing in the race concerned. Crews representing a single club shall wear a uniform racing strip.
- The Race Committee reserves the right to make any alterations to the programme as may be considered necessary for the better running of the event.
- First Aid will be based in the club car park and can be called via any Marshall or Umpire.
- For EMERGENCY SERVICES dial 999. Mobile phones will be in registration for emergencies only.
- The nearest Hospital is half a mile away on the opposite side of the river from the club, between the 2 bridges
- Any competitor that falls into the river under any circumstances will be assessed by first aid and BR's capsiz procedure followed.
- The Race Committee accepts no responsibility for competitor's (or spectator's) personal property.
- **IN THE INTEREST OF SAFETY, NO OPEN FIRES ARE ALLOWED.**

Please help us to keep the field clean by putting all rubbish in the bins/bags provided